

Peanut Butter Pupsicles

RECIPE

Ingredients

- 16 oz. of plain yogurt
- 1 ripe banana
- 1/3 cup of peanut butter
(with NO xylitol, sugar
or sweeteners)



1. Place all ingredients in a blender or food processor and blend until smooth.

2. Pour the blended mixture into an ice tray or silicone mold.

3. Place in the freezer for a few hours to harden.

4. Feed to your pups and watch their excitement!

