

Shake and Make Ice Cream

RECIPE

Ingredients

- 1 cup of Soymilk (or any creamy plant-based milk)
- 2 tablespoons sugar
- 1/2 tablespoon vanilla

Also needed

- 1 sandwich Ziploc bag
- 1 gallon Ziploc bag
- 4 cups of ice
- 1/2 cup ice cream salt



1. Pour the milk, sugar and vanilla into one sandwich bag and seal closed.

2. Fill the gallon-sized bag with ice cream salt and ice.

3. Place the bag of ice cream mixture in the gallon size bag and seal closed.

4. Shake the bag for 8 - 10 minutes or until the ice cream has solidified (similar to soft serve style).

5. Squeeze the ice cream into a bowl or cone, top with any desired toppings and enjoy!