



MEDIA CONTACT:
Nina Thompson
619-372-0916 *cell*
nthompson@sdhumane.org

FOR IMMEDIATE RELEASE
FEB. 24, 2025

San Diego Humane Society Calls for Immediate Action to Reduce Pet Overpopulation on World Spay Day

SAN DIEGO — In recognition of **World Spay Day (Feb. 25, 2025)**, San Diego Humane Society urges pet owners to spay and neuter their pets to protect their health and reduce the staggering number of animals in shelters.

For 2.5 years, the organization has been significantly over capacity with dogs, underscoring the urgent need for community action to prevent unwanted litters.

“By spaying or neutering your pet, you’re taking a proactive step toward preventing unwanted litters and helping reduce the strain on our community shelters,” said Dr. Gary Weitzman, president and CEO of San Diego Humane Society. “It’s one of the most responsible choices a pet owner can make.”



Why Spay & Neuter?

- ✓ **Behavior** – Reduces roaming, aggression, spraying and marking.
- ✓ **Health** – Lowers the risk of certain types of cancer and increases lifespan.
- ✓ **Community** – Prevents pet overpopulation and reduces the number of animals in shelters!

San Diego Humane Society provides **low-cost spay/neuter services** and educational resources. Learn more at sdhumane.org/spay.

All animals adopted from San Diego Humane Society are **spayed/neutered, vaccinated, microchipped and assessed**. Despite common misconceptions, shelters receive many **desirable breeds**, reducing the need to buy from breeders.

Popular breeds seen at San Diego Humane Society in 2024:

- 🐶 **1,200** Labrador retrievers
 - 🐶 **321** French bulldogs
 - 🐶 **296** Pugs
 - 🐶 **191** Maltipoos
 - 🐶 **176** Maltese
 - 🐶 **167** Yorkies
 - 🐶 **126** Pomeranians
 - 🐶 **110** Golden retrievers
- ...and many more!



The #1 reason pets are surrendered? **Too many animals.** Spaying and neutering is the solution. Join us in tackling pet overpopulation—**spay or neuter today!** Visit sdhumane.org/spay.

Photos, b-roll and sound with Danielle Clem, DVM / SDHS Senior Hospital Director for media use can be downloaded here:

<https://spaces.hightail.com/space/vsCkSN3xqK>

Photo/video credit: San Diego Humane Society

About San Diego Humane Society

San Diego Humane Society's scope of social responsibility goes beyond adopting animals. We offer programs that strengthen the human-animal bond, prevent cruelty and neglect, provide medical care, educate the community and serve as a safety net for all pet families. Serving San Diego County since 1880, San Diego Humane Society has campuses in El Cajon, Escondido, Oceanside, Ramona and San Diego. For more information, visit sdhumane.org.

###